

HOW HIV IS SPREAD

HIV can be spread through contact with the body fluids of an infected person. These fluids include:

- ◆ Blood (mothers to babies and sharing needles)
- ◆ Semen (sex)
- ◆ Vaginal Secretions (sex)
- ◆ Breast Milk

STD/HIV HOTLINES

1-800-872-AIDS (872-2437) — English (Michigan)
1-800-872-AIDS (872-2437) — Spanish (Michigan)
1-800-649-3777 — TTY/TDD (Michigan)
1-800-227-8922 — CDC National STD/AIDS Hotline

OTHER RESOURCES

Parenting and Family Health Hotline — 1-800-531-5151 or
313-961-BABY

WIC Program — 1-800-26-BIRTH (24784)

Domestic Violence Hotline — 1-800-799-SAFE (7233)

Domestic Violence Hotline — 1-800-787-3224-TDD

Michigan AIDS Drug Assistance Program — 1-888-826-6565

Ryan White Care Act Title IV Program — 313-456-4365

Family Independence Agency — 1-877-FIA-AIDS (342-2437)

Early On Program — 1-800-EARLY-ON (327-5966)

Prenatal Smoking Cessation Program — 517-335-9750

Substance Abuse Treatment Hotline — 1-800-736-0253

Michigan Department of Community Health
Division of HIV/AIDS-STD
HIV/AIDS Prevention and Intervention Section
517-241-5900

<http://www.michigan.gov/mdch>
<http://www.mihivnews.com>

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One test may **SAVE** your baby's **LIFE...**



GET TESTED TODAY!

By law, all pregnant women must receive an HIV test at their initial prenatal care visit and it is recommended to test again before 36 weeks of pregnancy.

You have the right to refuse HIV testing.
You must give written consent for HIV testing
Ask your doctor for an HIV test.

HUMAN IMMUNODEFICIENCY VIRUS (HIV) causes Acquired Immune Deficiency Syndrome (AIDS). Because there is no cure for AIDS, infection is a serious health threat to **all** people. HIV infection has increased among women from all walks of life. If you are pregnant and have HIV infection, it can be passed on to your baby. However, there are steps you can take to protect your baby from getting infected and help yourself stay healthy longer.



HIV CAN BE SPREAD FROM A MOTHER TO HER BABY during pregnancy, labor, and delivery and also by breastfeeding. Almost all HIV-positive children were infected by their mothers—and **mothers can prevent this!**

PROTECT YOUR HEALTH and YOUR BABY'S HEALTH

The sooner you are tested, the sooner you can improve your health and protect your baby. Just because you test positive your baby cannot be taken from you. Ask your doctor or nurse for an HIV test TODAY!

Ask your doctor about the Healthy Start program. Healthy Start can help you and your baby get the best possible care while you are pregnant and after delivery!

Get tested for HIV today—for your baby's sake.



ONLY MOTHERS INFECTED WITH HIV CAN SPREAD THE INFECTION TO THEIR BABIES.

- ◆ No one is immune to HIV infection.
- ◆ Young women are the fastest-growing group of people with HIV/AIDS.
- ◆ A blood test will show if a mother is infected with HIV.
- ◆ With treatment, HIV-infected mothers rarely pass the infection on to their babies.
- ◆ No one is immune to HIV infection.